

Hernandez Dental

Frank A. Hernandez, D.D.S., F.I.B.O.

A Comprehensive Approach to Dentistry

By June Corrigan



Dr. Frank Hernandez and his wife, Martha, office manager, and their staff take pride in offering general and specialty dentistry for the whole family in a comfortable, friendly atmosphere. Team members include (standing from left) Bibiana Mejia, Mayra Gaylor, Patty Maduena, Marcella Hernandez, Corrinne Diaz, (seated from left) Kathy Cole, Rosa Ortego, and Yolanda Ramero.

WHEN FRANK A. HERNANDEZ, D.D.S., F.I.B.O. gets to the root of a problem and he isn't just talking about teeth. His whole-body approach to dentistry sets his practice apart. He offers a range of services stretching far and beyond those of the average dental office.

Comprehensive is the word that comes to mind. Comprehensive in that Dr. Hernandez assesses a patient's general health before he even begins to address any mouth problems.

Comprehensive in that Dr. Hernandez is not only a general pediatric and adult dentist but also performs orthodontia, oral surgery, periodontia, cosmetic dentistry, and is a specialist in TMJ therapy.

TWENTY YEARS OF REVOLUTIONARY DENTISTRY

Hernandez Dental marks its twentieth anniversary in the valley this year and its namesake takes particular pride in his broad and revolutionary outlook. "The health of the body is a team approach. I'm part of the solution," Dr. Hernandez says. Upon their first visit, new patients complete an extensive questionnaire providing an overview of their medical history. If other medical issues are present, Dr. Hernandez won't hesitate to contact their general physician to get clearance, advice, and to join forces in the quest to care for a patient.

He cites the recent example of an

eleven-year-old girl for whom he's in the course of developing an orthodontic plan. During preparations, he took a CT scan of her jaw joint and discovered she had arthritic breakdown in her left side to the point that if it were her knee she'd need a total knee replacement. It immediately occurred to Dr. Hernandez that he could help this child grow better. An arthritic jaw will ultimately compromise her head, neck and bone structure. He'll circumvent potential problems by correcting it first. The girl won't have to live with chronic pain, sleep disorders, airway obstruction and other issues associated with her condition. "I look way beyond simply correcting a crooked smile," he says.

81719 Dr. Carreon Blvd., Suite C, Indio, CA 92201
760-347-7196 • www.hernandezdental.com

*"Knowledge is power. A caring, educated dentist
can be a great help to a patient"*

— Dr. Hernandez

TREATING GENERATIONS OF FAMILIES

Indio resident and longtime patient Jonathan Martinez, 32, is quite familiar with Dr. Hernandez's thorough methods. His parents brought him to the practice as a youngster for regular cleaning and check-ups. "They were really pleased with Dr. Hernandez's work and his professionalism," he says. "They've been going ever since, I've been going ever since and now my daughter is going there as well."

Jonathan appreciates Dr. Hernandez's concern for his overall health. His particular problem stemmed from the fact that he needed orthodontic work but fear of the maxillofacial surgery recommended by other practitioners held him back. Once Dr. Hernandez assured Jonathan he could approach the problem non-surgically, the young man agreed and the results have been amazing.

With his oral health on track, Jonathan has noticed a definite improvement in his mental outlook. "It's brought out a sense of confidence in me that had been lacking when I couldn't smile comfortably," he says. It's been helpful in his sales and marketing career, also for a side interest as a musical performer not to mention his dating life. Jonathan has since gone on to have two root canals and crowns done by Dr. Hernandez. "He's basically been my all around oral care specialist. He's done everything for me," he says.

CONTINUING EDUCATION AND THE LATEST IN TECHNOLOGY

In Dr. Hernandez's opinion, most dentists don't truly make full use of their dental school education. "They adopt this tunnel vision of drilling and filling or 'dental plumbing' as I like to call it," he says. No one could ever accuse Dr. Hernandez of sitting on his laurels or limiting the scope of his practice. This USC honors graduate completes an additional 200 units of continuing education each year, far surpassing the mere 50 required every two years. By now he's logged more than 2800



Dr. Hernandez is pictured here with the new Hybrid CEREC Crown Milling System. This technology allows him to create crowns, bridges, and other dental restorations on site.

continuing education hours. His range of services clearly reflects that. "I've put my education to a practical use for my patients," he notes.

Having the latest technology in-house allows Dr. Hernandez to stay on top of the curve and diversify in the manner he has. In need of an emergency crown? Hernandez Dental boasts the Hybrid CEREC Crown Milling System which gives this enterprising dentist the ability to take three dimensional pictures of teeth and fabricate a crown right in his office. With a little extra time, it can be accomplished in one office visit.

Other examples of on-site state-of-the-art technology include intraoral digital cameras for examinations, digital x-rays and the Wand which ensures syringe-free anesthesia. A CT scanner has proven invaluable for TMJ diagnosis - a cornerstone of Dr. Hernandez's practice. People from all over the world seek out his innovative TMJ therapy methods so indicative of his whole-body approach to dentistry. "Often I find that a lot of physical

problems such as headaches, neck or back pain, fibromyalgia, ADD and dyslexia stem from a misaligned TMJ," he says..

PROVIDING MORE THAN JUST A PRETTY SMILE

A pretty smile is desirable but at Hernandez Dental they take the concept of good dentistry and elevate it still further. This is one dentist who stresses the importance of fixing underlying problems first. "Someone who has chipped or broken teeth, is given to grinding or has worn dental tissue — well, there's a problem there. Simply putting crowns and veneers on is not a solution," Dr. Hernandez says.

Three generations of the Martinez family must know something. For twenty years they and other families like them have trusted the revolutionary care they receive at Hernandez Dental. They know Dr. Hernandez will make a difference in their dental and overall health. "Knowledge is power. A caring, educated dentist can be a great help to a patient," says this forward thinking practitioner. ■